



6. Christmas Cup Uster 2024

December 14 & 15, 2024

Place	Indoor pool Buchholz, 8610 Uster, highway exit Uster-Nord
Date	Saturday, December 14 and Sunday December 15, 2024
Organisation	SchwimmClub Uster
Pool	Competition pool 50 m x 25 m, 10 lanes, water temperature 26.5. Warm-up pool 25m x 20 m, 6 lanes, Grandstand with 500 seats
Judges Panel	Members of SchwimmClub Uster und Swiss Aquatics
Timekeeping	OMEGA – Quantum – Display für alle 10 lanes.
Regulations	The event will be held according to the regulations of Swiss Aquatics und World Aquatics.
Participation	The invitation goes to selected clubs in Switzerland and abroad.
Categories	<u>Cat. 1 = 09 – 12 years, age groups 2015 - 2012</u> Cat. 2 = 13 + 14 years, age groups 2011 + 2010 Cat. 3 = 15 + 16 years, age groups 2009 + 2008 Cat. 4 = 17 years an older, age groups 2007 and older
Competition mode	The competition will be held with timed finals. One main final heat per category will be swum at the end of each competition. The organizer reserves the right to limit the number of heats per race in order to keep the time schedule..
Entries	Entries must be submitted via Lenex file to meldungen@scuw.ch or via OnlineManager (https://www.swimrankings.net/manager).
Deadline	Friday, November 29, 2024 (until 12 pm)
Late entries	Late entries can be entered until Friday, December 13, 2024 (8 pm). For later entries the entry fee will be double.
Entry fee	CHF 10.- for each single entry The entry fee has <u>to be paid before the Meeting</u> . An invoice will be sent by email after receipt of the entries. <u>The confirmation of the entries will be made after receipt of the total entry fees.</u>
Registration and information office	Philippe M. Walter, Wilstrasse 77, CH-8600 Dübendorf Telefon +41 79 405 44 45, E-Mail: philippe.walter@scuw.ch
Ranking list	www.scu.ch
Prizes	1. Gold medal 2. Silver medal 3. Bronze medal
Insurance	The insurance is the responsibility of the participants.

We would be very happy to welcome your team in Uster

SchwimmClub Uster

Program and schedule

cat. 1 = age groups 2015 - 2012
cat. 2 = age groups 2011 + 2010
cat. 3 = age groups 2009 + 2008
cat. 4 = age groups 2007 and older

Saturday, December 14, 2024

07:15 Admission to the pool / warm-up
07:45 Team captains meeting
08:30 **Start section 1, competitions cat. 1**

No. / Girls	Race	No. / Boys	Time approx..
1	200 m medley	2	08.30
3	100 m breast	4	09.35
5	50 m back	6	10.20
7	200 m butterfly	8	10.45
9	100 m free	10	11.10
11	200 m back	12	12.15
13	50 m butterfly	14	12.55
	End section 1		13.35

No. / Girls	Race	No. / Boys	Time approx.
13:45	Warm-up (in the 25m pool)		
15:00	Start section 2, competitions cat. 2		
21	200 m medley	22	15.00
23	100 m breast	24	15.45
25	50 m back	26	16.05
27	200 m butterfly	28	16.25
29	100 m free	30	16.50
31	200 m back	32	17.30
33	50 m butterfly	34	18.00
	End section 2		18.30

Sunday, December 15, 2024

07:15 Admission to the pool / warm-up
07:45 Team captains meeting
08:30 **Start section 3, competitions cat. 1**

No. / Girls	Race	No. / Boys	Time approx.
61	200 m breast	62	08.30
63	400 m medley	64	09.15
65	100 m butterfly	66	10.05
67	50 m breast	68	10.40
69	400 m free (20 fastest entries/cat)	70	11.00
71	100 m back	72	11.25
73	50 m free	74	12.05
	End section 3		12.45

No. / Girls	Race	No. / Boys	Time approx.
12:45	Warm-up (in the 25m pool)		
14:00	Start section 4, competitions cat. 2 - 4		
81	200 m breast	82	14.00
83	400 m medley	84	14.30
85	100 m butterfly	86	15.30
87	50 m breast	88	15.55
89	400 m free (20 fastest entries/cat)	90	16.15
91	100 m back	92	17.00
93	50 m free	94	17.20
	End section 4		17.35